

## Year 10 Activities for Personal Development Days

### February 9th - 13th 2026

Day	Activity	Details
<b>Monday February 9th</b>	<b>Normal Day</b>	<b>Start at 9am. Finish at 4pm.</b>
<b>Tuesday February 10th</b>	<b>Normal Day</b>	<b>Start at 9am. Finish at 4pm.</b>
<b>Wednesday February 11th</b>	<b>Normal Day</b>	<b>Start at 9am. Finish at 4pm.</b>
<b>Thursday February 12th</b>	<b>Healthy Living Day</b>	<p><b>Start at 9am.</b>            Students will undertake a range of workshops delivered by external partners focussing on them 'Staying Safe'.</p> <p>From 12.40pm to 1.30pm, students will be able to choose from a range of fun, practical options to participate in.</p> <p><b>Finish at 1.30pm.</b></p>
<b>Friday February 13th</b>	<b>Visit to St Mary's University in Twickenham.</b>	<p><b>Start at 9am as normal.</b>            Some students will travel to St Mary's by TFL bus (free). Focus on Post 16 and 18 career options. Lunch required.</p> <p><b>Return at approx 1.30pm</b> and students will be dismissed from the bus stop.</p>